Metro ECSU, MN Low Incidence Projects-Region 11 and Normandale Community College are proud to present the...

15th Annual Winning Strategies Conference for Future Teachers and Paraprofessionals

February 1, 2020 8:00 a.m. to 3:00 p.m.

Balance Your Conflict Find your Conversation Peace



Step by Step Communication to Transform Difficult Interactions

Keynote Dr. Jodi Janati

Balance Your Conflict-Step by Step Communication to Transform Difficult Interactions

Normandale Community College

9700 France Avenue South Bloomington, MN 55431

Fee: \$25 (includes morning beverages, lunch and handouts)

Register online:

<u>metroecsu.myquickreg.com event</u> calendar

Registration Deadline: Jan 24, 2020

Registration Contact

Gail Jankowski gail.jankowski@metroecsu.org

Program Contact

Kayna Plaisted kayna.plaisted@metroecsu.org





Keynote

This year keynote **Jodi Janati** will present "Balance Your Conflict -Step by Step Communication to Transform Difficult Interactions" Got Conflict? Find your Conversation Peace. Most people have come to accept that conflict is inevitable. Assertive communication promotes healthy boundaries and can transform conflict during difficult conversations. There are a number of conflict management workshops offered each year, yet rarely does the facilitator tell participants exactly what should be said or done. The purpose of this workshop is to specifically address, "What do I say and do" when dealing with people during difficult situations to avoid destructive patterns. Participants will learn how to control their anger and emotions, be assertive and effectively defuse conflict through a variety of applied approaches. Multiple techniques will be discussed to demonstrate that practical solutions are attainable through a variety of step by step methods. For more information, visit https://findyourconversationpeace.com/

Breakout Topics - To Be Determined

Participants will attend three (3) breakout sessions. Sessions will be selected at the event. More information to come soon!

- Drama Free Communication, Jodi Janati
- I Don't Need Your Help I Need a Friend, Tess Haakonson & Aidan Kilgannon
- Understanding and Supporting Students Who Have Experienced Trauma, Jen Zaske
- Strategies for Working with Dual-Eligible Students (EL & SpEd), Chloe Bluth & Marie Nelson
- Core Vocabulary for Limited and Non-Verbal Communicators, Jodi Mettee & Jenny Muehlhausen
- Dial Up Communication to Dial Up School Success, Jill Rentmeester Disher
- How Assistive Technology can Support Executive Function for Greater Independence and Success, Jenn Veenendall
- Sexuality for All Abilities: Safe and Healthy Relationships for All Abilities, Leah Bauman-Smith
- Accommodations and Modifications: Equity for Each and Every, Samantha Jung
- Getting Your SPED License, Linette Manier
- From Practice: 2e (twice exceptional) Strategies that Work, Max Melby